

**Allen R. Friedland, MD, FACP, FAAP**  
**Internal Medicine and Pediatrics**

Owner, Safer Child Products, LLC  
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**Hospital and Administrative Appointments (current):**

- 2013-present Clinical Faculty, Transition Care Practice, Christiana Care Health System
- 2009 - 2013 Founding Director, Transition Care Practice for Young Adults with Special Health Care Needs, Christiana Care Health System, Delaware
- 1999 -present Program Director, Combined Internal Medicine-Pediatrics Residency Program, Christiana Care Health System, Delaware (17 resident physicians and 8 faculty members)
- 1998 - 1999 Associate Program Director, Combined Internal Medicine-Pediatrics Residency Program, Christiana Care Health System, Delaware

**Faculty Appointment (current):**

Associate Professor, Department of Medicine and Department of Pediatrics, Jefferson Medical College of Thomas Jefferson University

**Postgraduate Training/Board Certifications:**

- 1997 - 1998 **Chief Resident:** Internal Medicine at University of Cincinnati Hospital  
Dual Board Certification in Pediatrics and Internal Medicine (only 7500 physicians with this combination of certifications in the country)
- 1993 - 1997 **Internship and Residency:** Combined Internal Medicine-Pediatrics Residency at University of Cincinnati Hospital and Children's Hospital Medical Center of Cincinnati. (A top 10 Children's Hospital in the country)

**Education:**

- 1991 - 1993 State University of New York at Buffalo School of Medicine and Biomedical Sciences  
M.D. (*Alpha Omega Alpha: Honor Society*)
- 1986 - 1991 Sophie Davis School of Biomedical Education at City College of New York:  
7-year B.S./M.D. Program  
B.S. in Biomedical Science (*Summa cum laude*)

**Awards and Honors (pertinent):**

- 2012 "Master Educator", Graduate Medical Education, Christiana Care Health System, Delaware
- 2007 - 2010 Top Doctors, Internal Medicine, Delaware Health and Wellness Magazine
- July 2010 Delaware Valley's Favorite Kids' Docs, MetroKids Family resource magazine
- October 2009 Top Doctors, Internal Medicine, Delaware Today Magazine

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### **Awards and Honors (pertinent):**

- 2008 American Academy of Pediatrics Special Achievement Award: presented to the Delaware Chapter for innovative initiative instituting a resident training research project at Babies “R” Us
- 2006 American Academy of Pediatrics Special Achievement Award: selected by Delaware chapter members for my work as chair of the Delaware Child Health Education Committee
- 2005 Walter J. McDonald Award for Young Physicians; awarded annually by the American College of Physicians after national nominations to one young physician (under age 40) per year for outstanding leadership, advocacy and teaching

### **Membership and Activities in Professional and Scientific Societies (pertinent):**

#### American Academy of Pediatrics: AAP

2013 –present Chair, Med-Peds Section Executive Committee

2003 -present National Committee on Pediatric Education (COPE); “think tank” of AAP

#### American Academy of Pediatrics, Delaware Chapter:

2004 -present Child Health Education Committee Chair

### **Lectures/Workshops by Invitation: Presenter (pertinent)**

- 2012 Southeast Regional Med-Peds Meeting, “A Virtual Tour of Child Safety and Food Products”; University of North Carolina, Duke University and East Carolina University

### **Bibliography (pertinent)**

**Friedland A.**, Queller-Rintel H., Unnikrishnan D., Paul D. Field Trips as a Novel Means of Experiential Learning in Ambulatory Pediatrics. Journal of Graduate Medical Education June 2012; 246-249

### **Featured in Articles/Media (pertinent)**

- 2012 “Transitioning Patients with Chronic Conditions”. The Hospitalist, February 2012
- 2011 Featured in Lt. Governor of Delaware Matt Denn’s Blog; “Reading the Fine Print” June 30, 2011 at <http://mattdenn.blogs.delaware.gov/2011/06/> on statewide developmental screening initiative
- May 2008 “40 People to Watch and they’re all under 40” Delaware Today Magazine